

## **Fondation Eagle**

### **Report Form**

**Interim or Final report:** Final report

**Donor name:** Fondation Eagle

**Fondation Eagle reference:** FF668

**Name of Charity:** Mondo Foundation

**Introduction:** Supporting vulnerable women to support themselves and their families through providing grants to generate income through small-scale farming.

**Date of grant accepted:** June 2023

**Amount:** £13,651

**Conversion rate, date & amount in local currency:** Conversion is GBP to TZS, conversion rate correct as of 28<sup>th</sup> June 2023. Conversion rate is 1 GBP = 3,053.06 TZS

**Name and exact location of the project:** Standing on our own two feet. Peri-urban areas surrounding Arusha and Moshi in Northern Tanzania.

**Period of Project:** 6 months. June 2023-December 2023 (plus 6 months continuation follow-up support).

**Project beneficiaries:** As expected, we supported 40 women plus their families with agricultural grants, making the total direct beneficiary number 200 (an average of 4 children per single-parent family). The women who received support were identified through local sources such as HIV clinics, village committees and churches. They were selected because they were either affected by HIV or poverty and had several dependants – all the recipients were single parents.

**Details of the project:** We offered the chance to set up a small cash crop / animal husbandry business, providing inputs for the farm, training, and ongoing support from local government agricultural workers. The grants allowed them to buy seeds, fertilizer, and other items necessary to start up; and even in some cases to rent land. The women were supported by Mondo every step of the way and visited every month by agricultural extension workers from the local government. Most of the women in Arusha particularly were starting from scratch with agriculture and had never planted before.

The women were grouped with others from their area and given the tools, finances, and resources to buy materials for their start-up, receiving valuable support and friendship from other members of their training group. Those running farming businesses received a monthly visit from an agriculture or veterinary officer to check on their progress and provide advice (eg, on crop selection, irrigation and vaccination of animals). We also provided a year of health insurance to the women; giving them all access to free healthcare for themselves and their families and covering them should their business activities be disrupted due to ill health.

Over the last six months, Mondo have been carrying out continuous follow-up work and staying in close contact with the recipients, including specific health insurance exercises, training with extension workers, VICOBA work and visits at the fields where the women are working. Our CEO, Matt, visited the project in April 2024 and was humbled by how hard the ladies were working and the

way that a small grant could completely overhaul the lives of the women and their families.

(Pictured from left to right; an agricultural extension worker carrying out training, a woman and her family undertaking a health insurance exercise, and a group of grant recipients after they had completed a training day)



### Case studies:



When **Happy** received her grant, she decided to build on her potato business, which earned £27 in the previous harvest through selling 12 sacks of potatoes. As well as growing more potatoes, then expanded her business in order to grow cabbages, and she plans to harvest them in July and August. She also joined Ilkidinga's VICOBA group in order to futureproof her finances.

Apart from farming activities, she also sells fruits and vegetables every day at Arusha Town; she takes vegetables to the market in the morning and comes back with fruits she has purchased there, to sell to the village, allowing her to increase her income in multiple different ways rather than depending on agriculture alone.

Earned before the grant: £27 per harvest\* with potatoes  
Earns now: £4.91 per day and £29 per harvest with potatoes.

\*potatoes are harvested every three months.

**Hellem** received a grant to expand her green vegetable business to include cabbage in order to support her family and slowly improve her house, which was unfinished and made primarily of mud. She is now regularly planting and harvesting 'short-term'- fresh vegetables such as Chinese leaf, cabbage and and spinach in order to provide herself and her children with a regular income.

Earned before the grant: £6.55 per harvest\*  
 Earns now: £39.30 per harvest

\*the vegetables she grows are harvested every 3-4 weeks



**Ndelengei** already had an agricultural business growing potatoes, and she used to average around 12 bags per harvest. She also wanted to grow cabbages in order to support her family, in particular with food security as this was something her family were struggling with. She decided to use the grant to also sell seasonable vegetables such as carrots, and fruits, which supports her on a day-to-day basis whilst she is waiting for the long-term crops to harvest. Due to her thriving business, her family are now able to consume two or three meals a day, as opposed to their previous one.

Earned before the grant: £24.57 per harvest with potatoes  
 Earns now: £3.28 per day and £39.30 per harvest with potatoes

**Detailed budgets and actual expenditure summary and comparison:**

<u>Expenditure</u>	<u>Cost (UK)</u>	<u>Cost (TZS)</u>	<u>Spent (UK)</u>	<u>Spent (TZS)</u>
Start-up grants	£7,000	21,371,420	£7,000	21,371,420
Training	£2,000	6,106,120	£2,000	6,106,120
Follow-up support	£1,920	5,861,875	£1,920	5,861,875
Ongoing supervision	£1,050	3,205,713	£1,050	3,205,713
Health insurance	£440	1,343,346	£440	1,343,346

Contribution to UK overheads	£1,241	N/A	£1,241	N/A
<b>Total</b>	<b>£13,651</b>	<b>37,888,474</b>	<b>£13,651</b>	<b>37,888,474</b>

**Results:**

<b>Pre-project</b>	<b>Post-project</b>
80% of women were experiencing issues with either access to quality healthcare, food insecurity and / or poor sanitation.	All the women have found that they have turned a profit with their business and are using that profit to address one of the aforementioned issues such as providing food for their families, medical care or sufficient sanitation.
All of the women we spoke to during the Baseline survey were eating a maximum of two meals a day; some were only eating one.	All of the women surveyed are now reporting that they are able to eat three meals a day, and provide their children with the same.

The grants have opened up so many new doors for the women and their dependent children. Many of our women are single parents who were eating one meal a day before the programme began, and their business success has allowed them to feed their families. They are now able to do this twofold through both their business profits and the food they are growing. We are improving self-esteem through reducing the stigma against women living with HIV; their communities can see them thrive and they are able to actively participate in mainstream society. By empowering women to support themselves, we are making waves towards reducing gender inequality in Tanzania.

**Follow up:** The follow-up support has allowed the women to continue with their enterprises with confidence that they will be supported by Mondo throughout any challenges. 100% of the women supported by the Eagle Foundation are thriving, and consistently providing for their families. Mental wellbeing and happiness has also increased, and they are now ready to 'stand on their own two feet' without further Mondo support; proof that this project works, and changes lives for the better. When Matthew visited Tanzania, he noted that some of the women had gone from living in absolutely poverty with nothing, to financial security due to the grants and VICOBA support.

We are now looking to continue the grants programme with a brand new group of women experiencing poverty and deprivation.

**Conclusion:** Once again, we would like to sincerely thank Eagle Foundation. One of our biggest supporters, Eagle have been instrumental in the continuous success of this project and are the reason why so many women and their families are now thriving, rather than barely surviving.

**Signature and date:** R. Parkinson, 29.06.2024 (edited 03.09.2024)

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